



## Cultivating Compassion in Children Series

with Sonja Lange Wendt

### Discussion Questions for Can Old Be Beautiful

1. What do you do to make yourself look beautiful?
2. How does it make you feel when you think you look good? (i.e. confident, proud, happy, healthy)
3. Challenge Question: Most of you are looking forward to your next birthday and getting older. Why do you think older people want to look younger? (i.e. health, society views, don't want life to end).
4. Can something be beautiful on the outside and not what you were expecting on the inside, or vice versa. (i.e. a classmate, lemon, hot pepper, watermelon).
5. Do you think that everyone sees beauty the same way? Give examples.